

Thick-it
Carmel Apple Pie Puree

Nutrition Facts

5 servings per container

Serving size 1/3 cup (89g)

Amount Per Serving

Calories **120**

% Daily Value*

Total Fat 0.5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 135mg **6%**

Total Carbohydrate 24g **9%**

Dietary Fiber 1g **4%**

Total Sugars 14g

Includes 12g Added Sugars **24%**

Protein 4g **8%**

Vitamin D 0mcg **0%**

Calcium 12mg **0%**

Iron 1mg **6%**

Potassium 52mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.